CIMB preferred

Kickstart your BetterHealth

Health. Anytime. Round-the-clock at your fingertips

And more!

Download the app from the App Store / Google Play



	Betterl-tealth III Wald-Charana \$0.00 == Hi H , how are you today?	
	Sæe a GP at our Climics	
	Deals from MHC	e Heath Ig
	Quick Access	Mawe Adl
	Clinic Locator Medical Report ed	and and a second s
-	nees Access Parts Up You	

Date [Apr 2024]

APP User Guide Content

ACCOUNT

- Registration
- Login
- **Payment Method**
- Add Dependants
- **ID Verification**
- Medical History & Emergency Contact

FEATURES

eCard Health Tips



Registration



BetterHealth



Login





Select 'Log in'

Enter your registered email address and password during registration stage

Welcome to BetterHealth

Payment Method





FEATURES

Add Dependants



Better Health	Better Health	< Edit Profile	< My Dependants
Notes Second \$0.00 •• His H , how are you coday? •6	Personal Data Social Highermation Modulal History	H Tan	Dependants Pending Rejected
See a GP at our Clinics	Paperant 🚺	First Name H	
Opals from MHC	📩 lurgul 📞 Contract.us	Date of Birth 11/01/1988	
Valijiti Mangamat Programna		Your Emell +91@yahan.com Decignation Manager	
Quick Access View All		Industry Insurance V My Dependents	
Linic Locator Wooked Papers el Card	topCut	Identification Card	Add Dependants
Select the Profile icon from the	Select 'Personal Details'	Select 'View' under	Here, you can add Dependants

bottom menu.

My Dependants

to your profile

ID Verification



etterHealth



Ensure that your photo is not blurry and the details on your card are visible.

Medical History & Emergency Contact



BetterHealth 22	40	0 eeu	Protoco Detais
\$0.00 =	nga 📣	-	Content Information
		1	Medical History
	Social GP at our Clinics	-	MysCard
Desis from MHC		2	Legil
Ht Second	Escorive Hailth	C	Contectus
Weight Vin agement irogramme			
Guick Access	WEAVAIL		
Dinic Lossitur Me	toa Resen stars		You Che
A A	e ^e . a ::	*	A Continent



Here, you can access your
Emergency Contact and
Medical History

Medica	Histor	ry	
r you have i hem below	any chronic , otherwise	Thesses, plaa yau can skip	ee enter
Add A Ch	ronic Ilne	55	+
Andres	8		
High Bloom Fressure	d +	Diabetes	+
High Cholester	a +		
Poasu (# i	n the detai	is bolow	
Height	м	Weight 75.2	KG
Are You Cu	mently Tak	ing Any Medi	cine?
		14440	

0

**

0

Input your medical history

2	jenty contact
Contact Info	ormation
Please fill in these	e details
Our doctors can dire your location if nece	ect emergency services to sssary.
Your Address	
Postal Code	
Our doctors can call contact to help you	your emergency if necessary.
Name	
Relation	Mobile Number
Add More 🕂	•
	Submit

Emergency Contact

1

Input your residential address and emergency contact information

FEATURES

eCard





FEATURES

Health Tips



Select 'View All' and 'Health Tips' Select the article you would like to read

Health Tips

Poor sleep-wake cycle a potential landmine for mood disorders



Following the web between a poor biop-worker over costs you make than a cranity bead an the maching – it discreently and you inform wood discrete allies department or and to obser binneds. This finding is based on a large-scale stady readworp more than 31,050 porticipants aged 27 to 29. Instruction try University of Silosgow. The mody more staged of the reationship between severe webs system and the bodys cognitive functions such as memory and tate interview and the bodys cognitive functions such as memory and attention upon Previous studies relations while reacted data, memory and a factors. In the continue, there are study used [KE 60/Gard which is and of perfusioner study are study used [KE 60/Gard which is and of the most comprehensive long-term to differently and which all the mast comprehensive long-term to differently as and to factors the may affect results a units and ref. provided.

Porticipantis work accelerations first manufactures and activity partients which were contrained acceleration their mental methy records interests from UK BioBars. These with disturbed acceleration methymologies whence math sames or





CIMB preferred



Thank You

Please Take Note of The Following Important Notice:

CONFIDENTIALITY NOTICE

This deck (including any attachments) may contain information that is privileged or confidential. The sending of this do to any person other than the intended recipient is not a waiver of the privilege or confidentiality that attaches to it. If you are not the intended recipient, please notify the sender immediately, delete the deck (including attachments & documents) and do not copy, distribute or disclose its contents.